

Live It Out—Discover how to love like Jesus

DAY 1

Read Philippians 2:3

“Me first!”

“Why does he always get to choose before me?”

“Wait, it’s my turn!”

Sound familiar? Have you ever pushed your way to the front of the line or been disappointed when a sibling got to do something before you? Nobody chooses to be second, right? Number one is where it’s at!

What if you put someone else first instead of yourself? That’s humility. Humility is choosing to put others first. Being humble and valuing others more than yourself is one big way to live like Jesus.

Chalk Mural: Day 1

Head outside with some sidewalk chalk and find a large space— like the driveway or sidewalk—and write out the words of today’s verse. Illustrate the verse any way you’d like. Leave space at the end to add each of the verses for the rest of the week. If you don’t have chalk or a space to illustrate outside, then grab a piece of poster board and markers instead.

DAY 2

Read Philippians 2:4

Let’s say there was a counter in your head that kept track of your thoughts in two categories:

1. The thoughts you think about yourself: what you want, need, or wish for
2. The thoughts you think about others: what they need and how you could help

Which number would be higher, category one or two? Most likely category one, right? We can spend WAY more time thinking about ourselves instead of thinking of others. The Bible says we should flip that around and put others first. When you do, you’ll be living like Jesus.

Chalk Mural: Day 2

Head outside and find your chalk mural (or grab your poster board). Write the words of this verse underneath the verse from Day 1. Think about ONE person in your family that you could choose to put first this week. Write that person’s name on a rock and place it next to your chalkboard mural (or write it on a sticky note and place it next to the verse on your poster).



DAY 3

Read Philippians 2:5-6

Jesus chose to leave heaven, a PERFECT place, to come to earth and show us who God is. And in all of His time on earth, Jesus never said, “do what I say because I’m God.” He never pushed His way to the front saying, “Don’t you know who I am? I’m the most important person in any room, anywhere.” He never played “the God card.” Instead, Jesus served. He listened. He healed. He suffered. He died and He ROSE again. We should think and act as Jesus did, humbling ourselves and choosing to put others first.

Chalk Mural: Day 3

Head outside to your sidewalk chalk mural. Write the words of Philippians 2:5-6 underneath Day 1 and 2 and illustrate these verses any way you choose. (Or add to your poster board.)



DAY 4

Read Philippians 2:7-8

It’s hard to understand what Jesus left behind by choosing to come to earth. Imagine living in a perfect place with no hunger, no sadness, no disappointment, no loneliness, no loss, no sickness, and no death.

Jesus chose to leave all of that behind and step into a dark, lonely, and hurting world. He chose to become like us. Jesus faced all the same stuff we face here on earth so that we could be forgiven. When we discover how much Jesus loves us, we can live out our faith by loving others too.

Chalk Mural: Day 3

Head outside to finish your sidewalk chalk mural. Add today’s verses to the rest of this week and illustrate them any way you choose. (Or add to your poster board.) When you’re finished, ask an adult to come outside and take a look at your work. Read the verses aloud and talk about what it means to live like Jesus.



Live Like Jesus.

